

SOMERSET AGM 2026

PARA SWIMMING REPORT

It has been a very successful year for our para swimmers.

The Start Para-Swimming Programme at Team Bath AS, which is open to swimmers from Somerset and boarding County clubs, continues to offer specific para training sessions to help swimmers build confidence and train alongside other para swimmers.

Swimmers are also encouraged to attend the regional development days and are supported at competitions. Following initial trials several swimmers have been signposted to specific learn to swim programmes to help with their development and support is also given with the classification progress. 2 swimmers from this programme have now been integrated into club training sessions.

Competitions/Results:

Junior Para Nationals

Following last years AGM 5 swimmers from Somerset competed at the National Junior Para Championships in Coventry in June.

Nancy, Natalie, Sophie (TBAS)

Ben (TBAS, British Deaf)

Rue (Clevedon)

Great results all round with lots of new Personal Best Times.

Nancy – Gold 50m Free

Silver 100m Free

Silver 100 IM

Rue – Bronze 400m Free

Bronze 200IM

Bronze 100 Breast

SE/SW Para Development Meet - Sept

4 of our swimmers travelled to Reading for this Development Meet.

Again several new PB's from our swimmers and medals for Nancy (TBAS) and Rue (Clevedon)

Somerset County Development Meet – Sept

Great swims from:

Rue (Clevedon) picking up 5 Golds and two great new PBs in the 200IM and 200Free

Natalie (TBAS) 4 golds and PB's across these for events. With a fantastic 16.35 sec PB in the 100 Back and 10.99 sec in the 100 Free

Sophie (TBAS) 2 golds and 2 silvers and new PB times

Winter Nationals – Sheffield

Nancy (TBAS) Competed in 5 events with three swims in finals

50m Fly – 2nd Silver Medal winner

50m Free – 9th

100m Back – 8th

Somerset County Championships – Jan/Feb

The County Champs saw numerous Para records broken by our para swimmers.

Para Winter Nationals

In February our para swimmers travelled to Swansea where again new PB's and medals were achieved.

British Champs (London)

Nancy (TBAS) A Final 100m Free – 9th

Final 50m Fly- Silver

SW Regionals

Three para swimmers from TBAS represented Somerset at the SW Regional Championships.

Nancy winning Gold in 100 Back & 50 Fly and Silver in 100 Free and 50 Free

Natalie – 100 Back 6th new PB, 50 Free 7th new PB

Sophie – 100 Breast 8 sec PB

The next event for our para swimmers will be the Junior Para Championships in Coventry held over the 6th/7th June.

Nancy (TBAS) has been identified by GB Aquatics and Swim England and is on the list for World Para Swimming International Classification.

Accessibility continues to be an issue for our para swimmers but I am pleased that more is now being done to help them feel inclusive. Thank you to Kelly and Daisy for support at Counties.